

Minsk, 4. - 6.5.2022

4
05.05.2022 - 10:53

, 400m

: 3:59.00 / : 4:16.50 / 1 : 4:36.50 / 2 : 5:12.50 / 3 : 6:02.00

: FINA 2021

									()	()		
1.			09			4:28.38	1	494	494			
	50m:	30.76	30.76	150m:	1:39.35	34.64	250m:	2:48.06	33.87	350m:	3:56.03	33.87
	100m:	1:04.71	33.95	200m:	2:14.19	34.84	300m:	3:22.16	34.10	400m:	4:28.38	32.35
2.			08	"	"	4:29.83	1	486	486			
	50m:	30.62	30.62	150m:	1:39.01	34.76	250m:	2:48.24	34.32	350m:	3:57.38	34.44
	100m:	1:04.25	33.63	200m:	2:13.92	34.91	300m:	3:22.94	34.70	400m:	4:29.83	32.45
3.			09			4:30.57	1	482	482			
	50m:	30.89	30.89	150m:	1:38.12	34.53	250m:	2:47.01	33.66	350m:	3:56.79	35.07
	100m:	1:03.59	32.70	200m:	2:13.35	35.23	300m:	3:21.72	34.71	400m:	4:30.57	33.78
4.			08	"	"	4:32.16	1	474	474			
	50m:	30.16	30.16	150m:	1:38.84	34.80	250m:	2:49.20	35.30	350m:	3:59.90	35.43
	100m:	1:04.04	33.88	200m:	2:13.90	35.06	300m:	3:24.47	35.27	400m:	4:32.16	32.26
5.			08	"	"	4:32.67	1	471	471			
	50m:	30.61	30.61	150m:	1:39.99	35.14	250m:	2:50.03	34.78	350m:	3:59.97	34.49
	100m:	1:04.85	34.24	200m:	2:15.25	35.26	300m:	3:25.48	35.45	400m:	4:32.67	32.70
6.			08			4:33.84	1	465	465			
	50m:	16.59	16.59	150m:	1:38.99	34.86	250m:	2:49.29	35.02	350m:	4:00.06	35.34
	100m:	1:04.13	47.54	200m:	2:14.27	35.28	300m:	3:24.72	35.43	400m:	4:33.84	33.78
7.			08	"	"	4:36.51	2	452	452			
	50m:	30.38	30.38	150m:	1:40.18	35.34	250m:	2:51.51	35.85	350m:	4:03.42	35.71
	100m:	1:04.84	34.46	200m:	2:15.66	35.48	300m:	3:27.71	36.20	400m:	4:36.51	33.09
8.			09			4:36.56	2	452	452			
	50m:	29.79	29.79	150m:	1:38.54	35.30	250m:	2:50.02	35.39	350m:	4:02.24	36.21
	100m:	1:03.24	33.45	200m:	2:14.63	36.09	300m:	3:26.03	36.01	400m:	4:36.56	34.32
9.			09			4:36.62	2	451	451			
	50m:	29.86	29.86	150m:	1:38.80	34.66	250m:	2:50.09	35.71	350m:	4:02.59	36.00
	100m:	1:04.14	34.28	200m:	2:14.38	35.58	300m:	3:26.59	36.50	400m:	4:36.62	34.03
10.			08	"	"	4:37.04	2	449	449			
	50m:	30.05	30.05	150m:	1:38.82	35.13	250m:	2:49.52	35.52	350m:	4:02.57	36.80
	100m:	1:03.69	33.64	200m:	2:14.00	35.18	300m:	3:25.77	36.25	400m:	4:37.04	34.47
11.			09	"	"	4:37.66	2	446	446			
	50m:	33.15	33.15	150m:	1:44.61	35.79	250m:	2:56.02	35.65	350m:	4:05.47	34.38
	100m:	1:08.82	35.67	200m:	2:20.37	35.76	300m:	3:31.09	35.07	400m:	4:37.66	32.19
12.			08	"	"	4:38.92	2	440	440			
	50m:	30.54	30.54	150m:	1:40.49	35.83	250m:	2:52.42	36.59	350m:	4:04.56	35.73
	100m:	1:04.66	34.12	200m:	2:15.83	35.34	300m:	3:28.83	36.41	400m:	4:38.92	34.36
13.			08			4:39.92	2	435	435			
	50m:	31.18	31.18	150m:	1:41.75	35.86	250m:	2:53.19	35.66	350m:	4:05.86	36.18
	100m:	1:05.89	34.71	200m:	2:17.53	35.78	300m:	3:29.68	36.49	400m:	4:39.92	34.06
14.			08	"	"	4:40.01	2	435	435			
	50m:	30.80	30.80	150m:	1:40.20	35.65	250m:	2:52.29	35.88	350m:	4:05.65	36.81
	100m:	1:04.55	33.75	200m:	2:16.41	36.21	300m:	3:28.84	36.55	400m:	4:40.01	34.36
15.			08	"	"	4:40.67	2	432	432			
	50m:	31.37	31.37	150m:	1:40.32	33.50	250m:	2:52.80	36.11	350m:	4:06.23	36.67
	100m:	1:06.82	35.45	200m:	2:16.69	36.37	300m:	3:29.56	36.76	400m:	4:40.67	34.44
16.			08			4:41.83	2	427	427			
	50m:	30.62	30.62	150m:	1:41.30	35.63	250m:	2:53.62	35.86	350m:	4:05.87	36.16
	100m:	1:05.67	35.05	200m:	2:17.76	36.46	300m:	3:29.71	36.09	400m:	4:41.83	35.96
17.			08			4:42.66	2	423	423			
	50m:	31.51	31.51	150m:	1:41.66	35.38	250m:	2:53.82	36.09	350m:	4:07.46	36.99
	100m:	1:06.28	34.77	200m:	2:17.73	36.07	300m:	3:30.47	36.65	400m:	4:42.66	35.20

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4, , 400m													
		/						()		()			
18.			09			4:43.12	2	421		421			
	50m: 32.35	32.35	150m: 1:43.99	36.08	250m: 2:56.10	36.07	350m: 4:08.41	36.27					
	100m: 1:07.91	35.56	200m: 2:20.03	36.04	300m: 3:32.14	36.04	400m: 4:43.12	34.71					
19.			09	"	"	4:43.81	2	418		418			
	50m: 31.43	31.43	150m: 1:42.87	36.49	250m: 2:56.33	36.81	350m: 4:09.21	36.10					
	100m: 1:06.38	34.95	200m: 2:19.52	36.65	300m: 3:33.11	36.78	400m: 4:43.81	34.60					
20.			08			4:44.13	2	416		416			
	50m: 31.99	31.99	150m: 1:45.79	37.92	250m: 2:57.81	35.66	350m: 4:09.70	36.15					
	100m: 1:07.87	35.88	200m: 2:22.15	36.36	300m: 3:33.55	35.74	400m: 4:44.13	34.43					
21.			08			4:44.15	2	416		416			
	50m: 31.43	31.43	150m: 1:42.05	36.21	250m: 2:53.68	35.55	350m: 4:07.63	37.22					
	100m: 1:05.84	34.41	200m: 2:18.13	36.08	300m: 3:30.41	36.73	400m: 4:44.15	36.52					
22.			09	"	"	4:44.19	2	416		416			
	50m: 29.61	29.61	150m: 1:39.09	35.47	250m: 2:52.54	36.70	350m: 4:07.56	37.50					
	100m: 1:03.62	34.01	200m: 2:15.84	36.75	300m: 3:30.06	37.52	400m: 4:44.19	36.63					
23.			09			4:44.76	2	414		414			
	50m: 32.37	32.37	150m: 1:44.06	36.04	250m: 2:56.11	36.11	350m: 4:09.87	36.63					
	100m: 1:08.02	35.65	200m: 2:20.00	35.94	300m: 3:33.24	37.13	400m: 4:44.76	34.89					
24.			08			4:45.08	2	412		412			
	50m: 30.99	30.99	150m: 1:41.64	35.90	250m: 2:55.77	37.18	350m: 4:09.27	36.20					
	100m: 1:05.74	34.75	200m: 2:18.59	36.95	300m: 3:33.07	37.30	400m: 4:45.08	35.81					
25.			08	"	"	4:45.74	2	409		409			
	50m: 32.81	32.81	150m: 1:45.84	37.01	250m: 2:59.49	36.18	350m: 4:11.20	35.57					
	100m: 1:08.83	36.02	200m: 2:23.31	37.47	300m: 3:35.63	36.14	400m: 4:45.74	34.54					
26.			08	"	"	4:46.68	2	405		405			
	50m: 31.22	31.22	150m: 1:43.30	36.55	250m: 2:56.69	36.55	350m: 4:10.69	36.45					
	100m: 1:06.75	35.53	200m: 2:20.14	36.84	300m: 3:34.24	37.55	400m: 4:46.68	35.99					
27.			09			4:46.71	2	405		405			
	50m: 32.47	32.47	150m: 1:44.69	36.54	250m: 2:58.37	36.84	350m: 4:12.89	37.30					
	100m: 1:08.15	35.68	200m: 2:21.53	36.84	300m: 3:35.59	37.22	400m: 4:46.71	33.82					
28.			08	"	"	4:47.69	2	401		401			
	50m: 31.80	31.80	150m: 1:43.33	36.24	250m: 2:56.93	36.95	350m: 4:11.51	37.37					
	100m: 1:07.09	35.29	200m: 2:19.98	36.65	300m: 3:34.14	37.21	400m: 4:47.69	36.18					
29.			08			4:47.76	2	401		401			
	50m: 32.48	32.48	150m: 1:45.33	36.72	250m: 2:58.45	36.15	350m: 4:12.29	36.59					
	100m: 1:08.61	36.13	200m: 2:22.30	36.97	300m: 3:35.70	37.25	400m: 4:47.76	35.47					
30.			09			4:48.40	2	398		398			
	50m: 32.30	32.30	150m: 1:44.55	36.58	250m: 2:58.31	37.02	350m: 4:12.53	36.70					
	100m: 1:07.97	35.67	200m: 2:21.29	36.74	300m: 3:35.83	37.52	400m: 4:48.40	35.87					
31.			08			4:48.48	2	398		398			
	50m: 32.14	32.14	150m: 1:44.43	36.61	250m: 2:57.94	36.91	350m: 4:12.15	37.25					
	100m: 1:07.82	35.68	200m: 2:21.03	36.60	300m: 3:34.90	36.96	400m: 4:48.48	36.33					
32.			09	"	"	4:48.56	2	397		397			
	50m: 31.92	31.92	150m: 1:44.65	36.96	250m: 2:58.28	36.96	350m: 4:13.29	37.73					
	100m: 1:07.69	35.77	200m: 2:21.32	36.67	300m: 3:35.56	37.28	400m: 4:48.56	35.27					
33.			08			4:49.28	2	394		394			
	50m: 11.70	11.70	150m: 1:44.34	36.86	250m: 2:59.75	37.99	350m: 4:14.31	37.12					
	100m: 1:07.48	55.78	200m: 2:21.76	37.42	300m: 3:37.19	37.44	400m: 4:49.28	34.97					
34.			08			4:49.84	2	392		392			
	50m: 31.50	31.50	150m: 1:42.48	36.28	250m: 2:57.00	37.67	350m: 4:12.94	38.07					
	100m: 1:06.20	34.70	200m: 2:19.33	36.85	300m: 3:34.87	37.87	400m: 4:49.84	36.90					
35.			08			4:50.01	2	392		392			
	50m: 30.52	30.52	150m: 1:43.24	36.99	250m: 2:58.39	36.97	350m: 4:13.41	37.69					
	100m: 1:06.25	35.73	200m: 2:21.42	38.18	300m: 3:35.72	37.33	400m: 4:50.01	36.60					

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		4, , 400m											
				/				()		()			
36.			08			4:50.20	2	391	391				
	50m:	32.74	32.74	150m:	1:45.96	36.69	250m:	3:00.83	37.45	350m:	4:15.43	36.92	
	100m:	1:09.27	36.53	200m:	2:23.38	37.42	300m:	3:38.51	37.68	400m:	4:50.20	34.77	
37.			09			4:50.35	2	390	390				
	50m:	32.42	32.42	150m:	1:45.60	37.14	250m:	3:00.87	37.54	350m:	4:15.71	37.38	
	100m:	1:08.46	36.04	200m:	2:23.33	37.73	300m:	3:38.33	37.46	400m:	4:50.35	34.64	
38.			08			4:50.46	2	390	390				
	50m:	13.12	13.12	150m:	1:44.04	37.77	250m:	2:59.95	37.84	350m:	4:14.94	36.92	
	100m:	1:06.27	53.15	200m:	2:22.11	38.07	300m:	3:38.02	38.07	400m:	4:50.46	35.52	
39.			09			4:51.10	2	387	387				
	50m:	32.45	32.45	150m:	1:45.56	36.81	250m:	3:00.39	37.51	350m:	4:15.70	37.48	
	100m:	1:08.75	36.30	200m:	2:22.88	37.32	300m:	3:38.22	37.83	400m:	4:51.10	35.40	
40.			08			4:52.36	2	382	382				
	50m:	31.78	31.78	150m:	1:44.66	37.10	250m:	2:59.14	37.47	350m:	4:15.61	38.21	
	100m:	1:07.56	35.78	200m:	2:21.67	37.01	300m:	3:37.40	38.26	400m:	4:52.36	36.75	
41.			08			4:52.52	2	382	382				
	50m:	32.71	32.71	150m:	1:47.03	37.49	250m:	3:02.80	37.96	350m:	4:17.93	37.36	
	100m:	1:09.54	36.83	200m:	2:24.84	37.81	300m:	3:40.57	37.77	400m:	4:52.52	34.59	
42.			08			4:52.59	2	381	381				
	50m:	32.40	32.40	150m:	1:45.34	36.28	250m:	3:00.03	37.33	350m:	4:16.02	37.82	
	100m:	1:09.06	36.66	200m:	2:22.70	37.36	300m:	3:38.20	38.17	400m:	4:52.59	36.57	
43.			09			4:52.64	2	381	381				
	50m:	31.44	31.44	150m:	1:45.79	37.42	250m:	3:00.76	38.24	350m:	4:16.80	37.94	
	100m:	1:08.37	36.93	200m:	2:22.52	36.73	300m:	3:38.86	38.10	400m:	4:52.64	35.84	
44.			09			4:53.01	2	380	380				
	50m:	32.02	32.02	150m:	1:45.75	37.41	250m:	3:01.08	37.95	350m:	4:17.46	38.34	
	100m:	1:08.34	36.32	200m:	2:23.13	37.38	300m:	3:39.12	38.04	400m:	4:53.01	35.55	
45.			08			4:53.34	2	378	378				
	50m:	32.72	32.72	150m:	1:44.91	36.63	250m:	2:59.90	37.91	350m:	4:16.19	38.19	
	100m:	1:08.28	35.56	200m:	2:21.99	37.08	300m:	3:38.00	38.10	400m:	4:53.34	37.15	
46.			08			4:54.31	2	375	375				
	50m:	32.36	32.36	150m:	1:46.92	37.68	250m:	3:03.43	37.85	350m:	4:18.93	37.53	
	100m:	1:09.24	36.88	200m:	2:25.58	38.66	300m:	3:41.40	37.97	400m:	4:54.31	35.38	
47.			08			4:54.49	2	374	374				
	50m:	32.60	32.60	150m:	1:46.77	37.55	250m:	3:02.89	38.03	350m:	4:18.10	37.92	
	100m:	1:09.22	36.62	200m:	2:24.86	38.09	300m:	3:40.18	37.29	400m:	4:54.49	36.39	
48.			09			4:55.17	2	371	371				
	50m:	31.78	31.78	150m:	1:46.52	38.32	250m:	3:02.59	38.32	350m:	4:18.91	37.71	
	100m:	1:08.20	36.42	200m:	2:24.27	37.75	300m:	3:41.20	38.61	400m:	4:55.17	36.26	
49.			08			4:56.86	2	365	365				
	50m:	33.60	33.60	150m:	1:48.18	37.83	250m:	3:04.84	38.16	350m:	4:20.82	37.49	
	100m:	1:10.35	36.75	200m:	2:26.68	38.50	300m:	3:43.33	38.49	400m:	4:56.86	36.04	
50.			09			4:57.36	2	363	363				
	50m:	34.85	34.85	150m:	1:50.97	38.26	250m:	3:07.55	37.83	350m:	4:22.28	36.90	
	100m:	1:12.71	37.86	200m:	2:29.72	38.75	300m:	3:45.38	37.83	400m:	4:57.36	35.08	
51.			08			4:57.43	2	363	363				
	50m:	32.46	32.46	150m:	1:46.71	37.38	250m:	3:02.67	37.64	350m:	4:19.78	39.19	
	100m:	1:09.33	36.87	200m:	2:25.03	38.32	300m:	3:40.59	37.92	400m:	4:57.43	37.65	
52.			08			4:57.45	2	363	363				
	50m:	32.11	32.11	150m:	1:47.12	38.57	250m:	3:04.29	38.69	350m:	4:20.12	38.64	
	100m:	1:08.55	36.44	200m:	2:25.60	38.48	300m:	3:41.48	37.19	400m:	4:57.45	37.33	
53.			08			4:58.23	2	360	360				
	50m:	31.57	31.57	150m:	1:45.51	38.23	250m:	3:03.80	38.84	350m:	4:21.02	38.95	
	100m:	1:07.28	35.71	200m:	2:24.96	39.45	300m:	3:42.07	38.27	400m:	4:58.23	37.21	

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4,		, 400m										
54.			09	"	"	4:58.35	2	360		360		
	50m:	34.07	34.07	150m:	1:49.65	38.09	250m:	3:06.82	38.63	350m:	4:21.80	37.29
	100m:	1:11.56	37.49	200m:	2:28.19	38.54	300m:	3:44.51	37.69	400m:	4:58.35	36.55
55.			08	"	"	4:58.49	2	359		359		
	50m:	32.76	32.76	150m:	1:49.84	39.07	250m:	3:06.42	38.47	350m:	4:22.43	37.73
	100m:	1:10.77	38.01	200m:	2:27.95	38.11	300m:	3:44.70	38.28	400m:	4:58.49	36.06
56.			09			4:58.75	2	358		358		
	50m:	33.98	33.98	150m:	1:50.14	38.41	250m:	3:06.54	38.22	350m:	4:23.09	38.17
	100m:	1:11.73	37.75	200m:	2:28.32	38.18	300m:	3:44.92	38.38	400m:	4:58.75	35.66
57.			08	"	"	4:58.88	2	358		358		
	50m:	33.11	33.11	150m:	1:48.09	37.95	250m:	3:04.87	38.59	350m:	4:21.41	38.02
	100m:	1:10.14	37.03	200m:	2:26.28	38.19	300m:	3:43.39	38.52	400m:	4:58.88	37.47
58.			08			4:59.16	2	357		357		
	50m:	33.57	33.57	150m:	1:49.38	38.46	250m:	3:06.32	37.74	350m:	4:23.14	37.90
	100m:	1:10.92	37.35	200m:	2:28.58	39.20	300m:	3:45.24	38.92	400m:	4:59.16	36.02
59.			08			4:59.33	2	356		356		
	50m:	33.04	33.04	150m:	1:48.90	38.68	250m:	3:06.10	38.66	350m:	4:23.09	38.10
	100m:	1:10.22	37.18	200m:	2:27.44	38.54	300m:	3:44.99	38.89	400m:	4:59.33	36.24
60.			09	"	"	4:59.70	2	355		355		
	50m:	34.14	34.14	150m:	1:50.07	38.22	250m:	3:06.27	36.60	350m:	4:22.40	38.04
	100m:	1:11.85	37.71	200m:	2:29.67	39.60	300m:	3:44.36	38.09	400m:	4:59.70	37.30
61.			09			5:00.81	2	351		351		
	50m:	33.65	33.65	150m:	1:49.63	38.69	250m:	3:07.25	38.89	350m:	4:24.50	38.74
	100m:	1:10.94	37.29	200m:	2:28.36	38.73	300m:	3:45.76	38.51	400m:	5:00.81	36.31
62.			08	"	"	5:00.84	2	351		351		
	50m:	33.48	33.48	150m:	1:47.92	37.98	250m:	3:06.04	38.94	350m:	4:24.96	39.12
	100m:	1:09.94	36.46	200m:	2:27.10	39.18	300m:	3:45.84	39.80	400m:	5:00.84	35.88
63.			08	"	"	5:01.01	2	350		350		
	50m:	32.12	32.12	150m:	1:47.68	38.59	250m:	3:05.36	38.73	350m:	4:23.05	38.61
	100m:	1:09.09	36.97	200m:	2:26.63	38.95	300m:	3:44.44	39.08	400m:	5:01.01	37.96
64.			08	"	"	5:01.15	2	350		350		
	50m:	34.35	34.35	150m:	1:49.58	38.16	250m:	3:06.60	38.49	350m:	4:23.29	38.20
	100m:	1:11.42	37.07	200m:	2:28.11	38.53	300m:	3:45.09	38.49	400m:	5:01.15	37.86
65.			08			5:01.54	2	348		348		
	50m:	33.66	33.66	150m:	1:48.92	37.78	250m:	3:05.26	38.56	350m:	4:23.34	39.38
	100m:	1:11.14	37.48	200m:	2:26.70	37.78	300m:	3:43.96	38.70	400m:	5:01.54	38.20
66.			09			5:02.68	2	344		344		
	50m:	34.40	34.40	150m:	1:50.75	37.34	250m:	3:08.30	38.69	350m:	4:26.04	38.71
	100m:	1:13.41	39.01	200m:	2:29.61	38.86	300m:	3:47.33	39.03	400m:	5:02.68	36.64
67.			09	"	"	5:02.97	2	343		343		
	50m:	33.31	33.31	150m:	1:49.09	38.81	250m:	3:07.38	39.45	350m:	4:25.38	39.36
	100m:	1:10.28	36.97	200m:	2:27.93	38.84	300m:	3:46.02	38.64	400m:	5:02.97	37.59
68.			09	"	"	5:02.98	2	343		343		
	50m:	33.18	33.18	150m:	1:48.30	38.22	250m:	3:06.21	38.93	350m:	4:24.56	39.26
	100m:	1:10.08	36.90	200m:	2:27.28	38.98	300m:	3:45.30	39.09	400m:	5:02.98	38.42
69.			09			5:03.00	2	343		343		
	50m:	33.86	33.86	150m:	1:49.87	38.58	250m:	3:07.43	38.84	350m:	4:25.67	39.23
	100m:	1:11.29	37.43	200m:	2:28.59	38.72	300m:	3:46.44	39.01	400m:	5:03.00	37.33
70.			10			5:03.61	2	341		341		
	50m:	33.65	33.65	150m:	1:50.84	38.92	250m:	3:09.37	39.19	350m:	4:26.46	39.76
	100m:	1:11.92	38.27	200m:	2:30.18	39.34	300m:	3:46.70	37.33	400m:	5:03.61	37.15
71.			08	"	"	5:03.79	2	341		341		
	50m:	32.70	32.70	150m:	1:47.89	38.43	250m:	3:06.78	39.53	350m:	4:25.75	38.75
	100m:	1:09.46	36.76	200m:	2:27.25	39.36	300m:	3:47.00	40.22	400m:	5:03.79	38.04

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4, , 400m															
72.			08				5:05.50	2		335		()	()		
	50m:	32.89	32.89	150m:	1:48.64	38.94	250m:	3:07.20	39.29	350m:	4:26.73	39.73			
	100m:	1:09.70	36.81	200m:	2:27.91	39.27	300m:	3:47.00	39.80	400m:	5:05.50	38.77			
73.			08				5:06.20	2		333					
	50m:	34.35	34.35	150m:	1:50.16	37.98	250m:	3:09.04	39.76	350m:	4:28.81	39.67			
	100m:	1:12.18	37.83	200m:	2:29.28	39.12	300m:	3:49.14	40.10	400m:	5:06.20	37.39			
74.			10			" "	5:06.30	2		332					
	50m:	33.65	33.65	150m:	1:52.81	39.57	250m:	3:12.40	39.53	350m:	4:28.30	37.74			
	100m:	1:13.24	39.59	200m:	2:32.87	40.06	300m:	3:50.56	38.16	400m:	5:06.30	38.00			
75.			08			" "	5:06.72	2		331					
	50m:	32.95	32.95	150m:	1:47.59	37.95	250m:	3:07.39	40.50	350m:	4:28.55	40.65			
	100m:	1:09.64	36.69	200m:	2:26.89	39.30	300m:	3:47.90	40.51	400m:	5:06.72	38.17			
76.			09			" "	5:06.74	2		331					
	50m:	15.70	15.70	150m:	1:12.13	38.98	250m:	2:31.41	38.68	350m:	3:50.72	39.43			
	100m:	33.15	17.45	200m:	1:52.73	40.60	300m:	3:11.29	39.88	400m:	5:06.74	1:16.02			
77.			09			" "	5:07.31	2		329					
	50m:	32.66	32.66	150m:	1:49.83	39.23	250m:	3:09.49	39.64	350m:	4:29.07	40.43			
	100m:	1:10.60	37.94	200m:	2:29.85	40.02	300m:	3:48.64	39.15	400m:	5:07.31	38.24			
78.			09			" "	5:07.44	2		329					
	50m:	32.76	32.76	150m:	1:49.80	39.70	250m:	3:08.82	40.07	350m:	4:28.76	40.47			
	100m:	1:10.10	37.34	200m:	2:28.75	38.95	300m:	3:48.29	39.47	400m:	5:07.44	38.68			
79.			10				5:07.47	2		328					
	50m:	32.54	32.54	150m:	1:51.05	40.87	250m:	3:10.79	40.33	350m:	4:29.86	39.47			
	100m:	1:10.18	37.64	200m:	2:30.46	39.41	300m:	3:50.39	39.60	400m:	5:07.47	37.61			
80.			08				5:08.11	2		326					
	50m:	34.37	34.37	150m:	1:53.74	40.80	250m:	3:13.14	39.89	350m:	4:32.03	39.78			
	100m:	1:12.94	38.57	200m:	2:33.25	39.51	300m:	3:52.25	39.11	400m:	5:08.11	36.08			
81.			10			" "	5:08.38	2		326					
	50m:	33.34	33.34	150m:	1:50.63	39.50	250m:	3:10.42	39.91	350m:	4:30.64	39.89			
	100m:	1:11.13	37.79	200m:	2:30.51	39.88	300m:	3:50.75	40.33	400m:	5:08.38	37.74			
82.			09			" "	5:08.60	2		325					
	50m:	33.15	33.15	150m:	1:50.57	39.40	250m:	3:09.11	38.83	350m:	4:28.98	40.10			
	100m:	1:11.17	38.02	200m:	2:30.28	39.71	300m:	3:48.88	39.77	400m:	5:08.60	39.62			
83.			08			" "	5:08.62	2		325					
	50m:	34.40	34.40	150m:	1:51.87	39.45	250m:	3:10.95	39.47	350m:	4:30.26	39.48			
	100m:	1:12.42	38.02	200m:	2:31.48	39.61	300m:	3:50.78	39.83	400m:	5:08.62	38.36			
84.			10			" "	5:10.08	2		320					
	50m:	33.15	33.15	150m:	1:52.66	40.07	250m:	3:12.39	39.11	350m:	4:32.51	39.27			
	100m:	1:12.59	39.44	200m:	2:33.28	40.62	300m:	3:53.24	40.85	400m:	5:10.08	37.57			
85.			08			" "	5:10.77	2		318					
	50m:	35.41	35.41	150m:	1:53.45	39.46	250m:	3:12.75	39.26	350m:	4:32.05	39.57			
	100m:	1:13.99	38.58	200m:	2:33.49	40.04	300m:	3:52.48	39.73	400m:	5:10.77	38.72			
86.			09				5:10.87	2		318					
	50m:	32.91	32.91	150m:	1:50.57	39.99	250m:	3:10.52	39.59	350m:	4:27.82	38.03			
	100m:	1:10.58	37.67	200m:	2:30.93	40.36	300m:	3:49.79	39.27	400m:	5:10.87	43.05			
87.			08			" "	5:11.00	2		317					
	50m:	35.10	35.10	150m:	1:52.83	38.98	250m:	3:11.62	39.70	350m:	4:32.23	40.75			
	100m:	1:13.85	38.75	200m:	2:31.92	39.09	300m:	3:51.48	39.86	400m:	5:11.00	38.77			
88.			09			" "	5:11.22	2		317					
	50m:			150m:			250m:			350m:					
	100m:			200m:			300m:			400m:	5:11.22				
89.			10				5:11.81	2		315					
	50m:			150m:			250m:			350m:					
	100m:			200m:			300m:			400m:	5:11.81				

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4, , 400m										()	()
90.			09	"	"	5:11.85	2	315		315	
	50m: 33.23	33.23	150m: 1:51.53	39.97	250m: 3:11.52	40.06	350m: 4:33.53	40.71			
	100m: 1:11.56	38.33	200m: 2:31.46	39.93	300m: 3:52.82	41.30	400m: 5:11.85	38.32			
91.			08	"	"	5:11.89	2	315		315	
	50m: 33.77	33.77	150m: 1:51.65	39.70	250m: 3:14.38	41.34	350m: 4:33.48	39.76			
	100m: 1:11.95	38.18	200m: 2:33.04	41.39	300m: 3:53.72	39.34	400m: 5:11.89	38.41			
92.			09	"	"	5:12.19	2	314		314	
	50m: 33.29	33.29	150m: 1:52.31	40.44	250m: 3:14.53	41.13	350m: 4:36.05	40.38			
	100m: 1:11.87	38.58	200m: 2:33.40	41.09	300m: 3:55.67	41.14	400m: 5:12.19	36.14			
93.			09	"	"	5:12.74	3	312		312	
	50m: 33.77	33.77	150m: 1:52.86	39.81	250m: 3:13.76	40.43	350m: 4:34.80	40.31			
	100m: 1:13.05	39.28	200m: 2:33.33	40.47	300m: 3:54.49	40.73	400m: 5:12.74	37.94			
94.			09	"	"	5:13.25	3	311		311	
	50m: 33.48	33.48	150m: 1:52.19	40.16	250m: 3:13.93	41.13	350m: 4:35.19	40.25			
	100m: 1:12.03	38.55	200m: 2:32.80	40.61	300m: 3:54.94	41.01	400m: 5:13.25	38.06			
95.			09	"	"	5:14.57	3	307		307	
	50m: 34.05	34.05	150m: 1:52.22	39.63	250m: 3:13.21	40.65	350m: 4:35.16	40.86			
	100m: 1:12.59	38.54	200m: 2:32.56	40.34	300m: 3:54.30	41.09	400m: 5:14.57	39.41			
96.			08	"	"	5:14.72	3	306		306	
	50m: 32.11	32.11	150m: 1:47.69	38.99	250m: 3:09.70	41.62	350m: 4:33.26	42.20			
	100m: 1:08.70	36.59	200m: 2:28.08	40.39	300m: 3:51.06	41.36	400m: 5:14.72	41.46			
97.			09	"	"	5:14.97	3	306		306	
	50m: 32.75	32.75	150m: 1:50.80	39.93	250m: 3:13.42	41.27	350m: 4:36.04	41.34			
	100m: 1:10.87	38.12	200m: 2:32.15	41.35	300m: 3:54.70	41.28	400m: 5:14.97	38.93			
98.			10	"	"	5:16.12	3	302		302	
	50m: 33.74	33.74	150m: 1:52.85	40.59	250m: 3:14.99	41.23	350m: 4:37.45	41.47			
	100m: 1:12.26	38.52	200m: 2:33.76	40.91	300m: 3:55.98	40.99	400m: 5:16.12	38.67			
99.			08	"	"	5:16.70	3	301		301	
	50m: 34.02	34.02	150m: 1:53.53	40.58	250m: 3:14.28	40.17	350m: 4:38.29	41.78			
	100m: 1:12.95	38.93	200m: 2:34.11	40.58	300m: 3:56.51	42.23	400m: 5:16.70	38.41			
100.			08	"	"	5:16.74	3	300		300	
	50m: 35.05	35.05	150m: 1:54.83	40.40	250m: 3:16.90	41.21	350m: 4:39.53	41.77			
	100m: 1:14.43	39.38	200m: 2:35.69	40.86	300m: 3:57.76	40.86	400m: 5:16.74	37.21			
101.			09	"	"	5:17.62	3	298		298	
	50m: 35.78	35.78	150m: 1:56.10	40.45	250m: 3:17.35	40.41	350m: 4:38.18	40.43			
	100m: 1:15.65	39.87	200m: 2:36.94	40.84	300m: 3:57.75	40.40	400m: 5:17.62	39.44			
102.			10	"	"	5:17.89	3	297		297	
	50m: 32.24	32.24	150m: 1:51.61	40.61	250m: 3:14.72	41.88	350m: 4:37.65	41.37			
	100m: 1:11.00	38.76	200m: 2:32.84	41.23	300m: 3:56.28	41.56	400m: 5:17.89	40.24			
103.			09	"	"	5:17.92	3	297		297	
	50m: 34.69	34.69	150m: 1:54.00	40.46	250m: 3:15.44	40.67	350m: 4:38.42	41.29			
	100m: 1:13.54	38.85	200m: 2:34.77	40.77	300m: 3:57.13	41.69	400m: 5:17.92	39.50			
104.			09	"	"	5:18.05	3	297		297	
	50m: 33.93	33.93	150m: 1:51.69	39.41	250m: 3:14.18	41.72	350m: 4:37.88	41.48			
	100m: 1:12.28	38.35	200m: 2:32.46	40.77	300m: 3:56.40	42.22	400m: 5:18.05	40.17			
105.			09	"	"	5:18.31	3	296		296	
	50m: 34.98	34.98	150m: 1:56.58	41.19	250m: 3:18.81	41.31	350m: 4:40.51	40.22			
	100m: 1:15.39	40.41	200m: 2:37.50	40.92	300m: 4:00.29	41.48	400m: 5:18.31	37.80			
106.			09	"	"	5:18.63	3	295		295	
	50m: 36.31	36.31	150m: 1:57.10	41.11	250m: 3:19.25	41.24	350m: 4:39.58	40.04			
	100m: 1:15.99	39.68	200m: 2:38.01	40.91	300m: 3:59.54	40.29	400m: 5:18.63	39.05			
107.			08	"	"	5:19.31	3	293		293	
	50m: 33.18	33.18	150m: 1:52.75	40.81	250m: 3:15.37	41.40	350m: 4:38.91	41.76			
	100m: 1:11.94	38.76	200m: 2:33.97	41.22	300m: 3:57.15	41.78	400m: 5:19.31	40.40			

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4,		, 400m											
108.				08	" "	5:19.75	3	292	292				
	50m:	36.18	36.18	150m:	1:56.89	41.18	250m:	3:18.66	41.17	350m:	4:40.45	41.08	
	100m:	1:15.71	39.53	200m:	2:37.49	40.60	300m:	3:59.37	40.71	400m:	5:19.75	39.30	
109.				10	" "	5:19.78	3	292	292				
	50m:	35.33	35.33	150m:	1:56.10	40.82	250m:	3:20.64	42.37	350m:	4:41.62	40.08	
	100m:	1:15.28	39.95	200m:	2:38.27	42.17	300m:	4:01.54	40.90	400m:	5:19.78	38.16	
110.				10	" "	5:20.00	3	291	291				
	50m:	34.37	34.37	150m:	1:55.74	41.46	250m:	3:18.27	40.77	350m:	4:41.32	41.22	
	100m:	1:14.28	39.91	200m:	2:37.50	41.76	300m:	4:00.10	41.83	400m:	5:20.00	38.68	
111.				09	" "	5:20.05	3	291	291				
	50m:	35.30	35.30	150m:	1:55.59	40.45	250m:	3:18.89	41.38	350m:	4:41.02	40.67	
	100m:	1:15.14	39.84	200m:	2:37.51	41.92	300m:	4:00.35	41.46	400m:	5:20.05	39.03	
112.				09	" "	5:20.13	3	291	291				
	50m:	11.57	11.57	150m:	1:13.29	38.63	250m:	2:34.40	40.63	350m:	3:57.86	41.75	
	100m:	34.66	23.09	200m:	1:53.77	40.48	300m:	3:16.11	41.71	400m:	5:20.13	1:22.27	
113.				08	" "	5:20.40	3	290	290				
	50m:	37.60	37.60	150m:	1:57.86	38.98	250m:	3:17.78	40.04	350m:	4:40.31	41.36	
	100m:	1:18.88	41.28	200m:	2:37.74	39.88	300m:	3:58.95	41.17	400m:	5:20.40	40.09	
114.				08	" "	5:20.80	3	289	289				
	50m:	35.94	35.94	150m:	1:56.51	40.36	250m:	3:19.09	41.63	350m:	4:41.98	41.62	
	100m:	1:16.15	40.21	200m:	2:37.46	40.95	300m:	4:00.36	41.27	400m:	5:20.80	38.82	
115.				09	" "	5:21.38	3	288	288				
	50m:	12.84	12.84	150m:	1:12.83	39.44	250m:	2:36.09	42.02	350m:	3:59.91	41.13	
	100m:	33.39	20.55	200m:	1:54.07	41.24	300m:	3:18.78	42.69	400m:	5:21.38	1:21.47	
116.				09	" "	5:21.88	3	286	286				
	50m:	34.61	34.61	150m:	1:55.10	41.04	250m:	3:17.68	40.62	350m:	4:40.21	42.11	
	100m:	1:14.06	39.45	200m:	2:37.06	41.96	300m:	3:58.10	40.42	400m:	5:21.88	41.67	
117.				08	" "	5:21.89	3	286	286				
	50m:	34.82	34.82	150m:	1:53.07	39.97	250m:	3:15.86	41.52	350m:	4:40.68	42.44	
	100m:	1:13.10	38.28	200m:	2:34.34	41.27	300m:	3:58.24	42.38	400m:	5:21.89	41.21	
118.				08	" "	5:22.06	3	286	286				
	50m:			150m:			250m:			350m:			
	100m:			200m:			300m:			400m:	5:22.06		
119.				09	" "	5:22.10	3	286	286				
	50m:	35.37	35.37	150m:	1:56.08	40.93	250m:	3:19.47	42.03	350m:	4:41.46	41.03	
	100m:	1:15.15	39.78	200m:	2:37.44	41.36	300m:	4:00.43	40.96	400m:	5:22.10	40.64	
120.				09	" "	5:22.76	3	284	284				
	50m:			150m:			250m:			350m:			
	100m:			200m:			300m:			400m:	5:22.76		
121.				09	" "	5:22.98	3	283	283				
	50m:	35.59	35.59	150m:	1:58.03	42.63	250m:	3:22.48	42.11	350m:	4:45.15	41.62	
	100m:	1:15.40	39.81	200m:	2:40.37	42.34	300m:	4:03.53	41.05	400m:	5:22.98	37.83	
122.				09	" "	5:23.03	3	283	283				
	50m:	33.26	33.26	150m:	1:53.81	41.15	250m:			350m:			
	100m:	1:12.66	39.40	200m:	2:35.44	41.63	300m:			400m:	5:23.03		
				08	" "	5:23.03	3	283	283				
	50m:	35.42	35.42	150m:	1:56.73	41.51	250m:	3:20.23	41.82	350m:	4:43.28	41.19	
	100m:	1:15.22	39.80	200m:	2:38.41	41.68	300m:	4:02.09	41.86	400m:	5:23.03	39.75	
124.				09	" "	5:23.75	3	281	281				
	50m:	35.03	35.03	150m:	1:56.66	41.36	250m:	3:20.90	42.30	350m:	4:45.12	41.87	
	100m:	1:15.30	40.27	200m:	2:38.60	41.94	300m:	4:03.25	42.35	400m:	5:23.75	38.63	
125.				08	" "	5:23.85	3	281	281				
	50m:	37.14	37.14	150m:	1:59.51	41.62	250m:	3:22.64	40.56	350m:	4:44.80	40.45	
	100m:	1:17.89	40.75	200m:	2:42.08	42.57	300m:	4:04.35	41.71	400m:	5:23.85	39.05	

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	4,	, 400m								()	()
126.			09			5:24.08	3		280		280
	50m:	35.33 35.33	150m:	1:58.28 41.94	250m:	3:21.64 41.75	350m:	4:45.25 41.38			
	100m:	1:16.34 41.01	200m:	2:39.89 41.61	300m:	4:03.87 42.23	400m:	5:24.08 38.83			
127.			09	"	"	5:24.14	3		280		280
	50m:	34.23 34.23	150m:	1:56.21 41.56	250m:	3:20.66 42.40	350m:	4:43.92 41.03			
	100m:	1:14.65 40.42	200m:	2:38.26 42.05	300m:	4:02.89 42.23	400m:	5:24.14 40.22			
128.			09	"	"	5:24.23	3		280		280
	50m:	33.59 33.59	150m:	1:52.91 40.24	250m:	3:17.24 42.69	350m:	4:42.56 42.42			
	100m:	1:12.67 39.08	200m:	2:34.55 41.64	300m:	4:00.14 42.90	400m:	5:24.23 41.67			
129.			08	"	"	5:24.26	3		280		280
	50m:	11.08 11.08	150m:	1:58.41 41.25	250m:	3:22.27 42.13	350m:	4:45.07 41.06			
	100m:	1:17.16 1:06.08	200m:	2:40.14 41.73	300m:	4:04.01 41.74	400m:	5:24.26 39.19			
130.			09	"	"	5:24.34	3		280		280
	50m:	35.57 35.57	150m:	1:56.44 41.06	250m:	3:20.31 41.65	350m:	4:42.93 39.89			
	100m:	1:15.38 39.81	200m:	2:38.66 42.22	300m:	4:03.04 42.73	400m:	5:24.34 41.41			
131.			09	"	"	5:24.38	3		280		280
	50m:		150m:		250m:		350m:				
	100m:		200m:		300m:		400m:	5:24.38			
132.			09	"	"	5:25.58	3		277		277
	50m:	34.18 34.18	150m:	1:53.72 40.49	250m:	3:16.47 41.46	350m:	4:41.93 43.32			
	100m:	1:13.23 39.05	200m:	2:35.01 41.29	300m:	3:58.61 42.14	400m:	5:25.58 43.65			
133.			10			5:25.60	3		277		277
	50m:	35.28 35.28	150m:	1:57.82 41.04	250m:	3:21.55 42.46	350m:	4:45.09 41.83			
	100m:	1:16.78 41.50	200m:	2:39.09 41.27	300m:	4:03.26 41.71	400m:	5:25.60 40.51			
134.			10			5:25.73	3		276		276
	50m:	35.11 35.11	150m:	1:57.60 42.07	250m:	3:22.61 42.77	350m:	4:46.69 42.02			
	100m:	1:15.53 40.42	200m:	2:39.84 42.24	300m:	4:04.67 42.06	400m:	5:25.73 39.04			
135.			08	"	"	5:26.70	3		274		274
	50m:	34.68 34.68	150m:	1:54.81 41.14	250m:	3:19.96 42.42	350m:	4:45.62 42.76			
	100m:	1:13.67 38.99	200m:	2:37.54 42.73	300m:	4:02.86 42.90	400m:	5:26.70 41.08			
136.			10			5:28.32	3		270		270
	50m:	35.25 35.25	150m:	1:59.39 42.40	250m:	3:24.18 42.04	350m:	4:47.79 41.80			
	100m:	1:16.99 41.74	200m:	2:42.14 42.75	300m:	4:05.99 41.81	400m:	5:28.32 40.53			
137.			10			5:29.40	3		267		267
	50m:	34.64 34.64	150m:	1:56.59 41.82	250m:	3:21.88 42.87	350m:	4:47.16 42.48			
	100m:	1:14.77 40.13	200m:	2:39.01 42.42	300m:	4:04.68 42.80	400m:	5:29.40 42.24			
138.			09	"	"	5:29.68	3		266		266
	50m:	36.15 36.15	150m:	1:59.36 41.84	250m:	3:24.63 42.63	350m:	4:49.05 41.51			
	100m:	1:17.52 41.37	200m:	2:42.00 42.64	300m:	4:07.54 42.91	400m:	5:29.68 40.63			
139.			09			5:30.16	3		265		265
	50m:	36.42 36.42	150m:	1:58.25 41.27	250m:	3:23.53 42.99	350m:	4:47.84 41.51			
	100m:	1:16.98 40.56	200m:	2:40.54 42.29	300m:	4:06.33 42.80	400m:	5:30.16 42.32			
140.			10	"	"	5:30.59	3		264		264
	50m:	35.18 35.18	150m:	1:58.39 42.46	250m:	3:24.63 42.26	350m:	4:49.97 42.43			
	100m:	1:15.93 40.75	200m:	2:42.37 43.98	300m:	4:07.54 42.91	400m:	5:30.59 40.62			
141.			09			5:30.64	3		264		264
	50m:	35.58 35.58	150m:	1:58.43 42.63	250m:	3:24.42 43.47	350m:	4:49.70 42.17			
	100m:	1:15.80 40.22	200m:	2:40.95 42.52	300m:	4:07.53 43.11	400m:	5:30.64 40.94			
142.			10			5:31.22	3		263		263
	50m:	35.76 35.76	150m:	1:59.82 42.17	250m:	3:25.61 42.79	350m:	4:53.27 43.31			
	100m:	1:17.65 41.89	200m:	2:42.82 43.00	300m:	4:09.96 44.35	400m:	5:31.22 37.95			
143.			09	"	"	5:31.54	3		262		262
	50m:	35.96 35.96	150m:	1:57.92 41.43	250m:	3:23.90 43.16	350m:	4:50.28 43.36			
	100m:	1:16.49 40.53	200m:	2:40.74 42.82	300m:	4:06.92 43.02	400m:	5:31.54 41.26			

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4,		, 400m													
144.				08	"	"	5:32.12	3	261						
	50m:	34.63	34.63	150m:	1:57.06	42.21	250m:	3:22.96	43.03	350m:	4:50.32	44.11			
	100m:	1:14.85	40.22	200m:	2:39.93	42.87	300m:	4:06.21	43.25	400m:	5:32.12	41.80			
145.				10	"	"	5:33.66	3	257						
	50m:	36.24	36.24	150m:	1:59.07	42.35	250m:	3:24.77	42.98	350m:	4:51.77	44.94			
	100m:	1:16.72	40.48	200m:	2:41.79	42.72	300m:	4:06.83	42.06	400m:	5:33.66	41.89			
146.				10			5:33.80	3	257						
	50m:			150m:			250m:			350m:					
	100m:			200m:			300m:			400m:	5:33.80				
147.				09	"	"	5:34.65	3	255						
	50m:	36.16	36.16	150m:	2:00.80	43.48	250m:	3:29.36	43.97	350m:	4:55.49	41.99			
	100m:	1:17.32	41.16	200m:	2:45.39	44.59	300m:	4:13.50	44.14	400m:	5:34.65	39.16			
148.				08	"	"	5:34.75	3	254						
	50m:	36.78	36.78	150m:	1:58.81	41.91	250m:	3:24.52	43.29	350m:	4:51.51	43.42			
	100m:	1:16.90	40.12	200m:	2:41.23	42.42	300m:	4:08.09	43.57	400m:	5:34.75	43.24			
149.				08	"	"	5:34.97	3	254						
	50m:	38.15	38.15	150m:	2:04.42	42.54	250m:	3:28.79	40.64	350m:	4:55.16	43.11			
	100m:	1:21.88	43.73	200m:	2:48.15	43.73	300m:	4:12.05	43.26	400m:	5:34.97	39.81			
150.				11			5:35.38	3	253						
	50m:			150m:			250m:			350m:					
	100m:			200m:			300m:			400m:	5:35.38				
151.				09	"	"	5:35.85	3	252						
	50m:	35.49	35.49	150m:	1:57.24	41.76	250m:	3:25.49	44.23	350m:	4:53.63	43.93			
	100m:	1:15.48	39.99	200m:	2:41.26	44.02	300m:	4:09.70	44.21	400m:	5:35.85	42.22			
152.				08	"	"	5:37.21	3	249						
	50m:	34.51	34.51	150m:	1:57.59	42.83	250m:	3:26.88	45.48	350m:	4:55.60	44.32			
	100m:	1:14.76	40.25	200m:	2:41.40	43.81	300m:	4:11.28	44.40	400m:	5:37.21	41.61			
153.				09	"	"	5:37.31	3	249						
	50m:	35.35	35.35	150m:	2:00.14	43.21	250m:	3:28.68	44.41	350m:	4:57.26	44.01			
	100m:	1:16.93	41.58	200m:	2:44.27	44.13	300m:	4:13.25	44.57	400m:	5:37.31	40.05			
154.				10	"	"	5:37.75	3	248						
	50m:	36.56	36.56	150m:	2:01.13	43.00	250m:	3:29.24	44.18	350m:	4:58.20	44.37			
	100m:	1:18.13	41.57	200m:	2:45.06	43.93	300m:	4:13.83	44.59	400m:	5:37.75	39.55			
155.				08	"	"	5:39.14	3	245						
	50m:	36.67	36.67	150m:	2:01.74	43.35	250m:	3:28.20	43.42	350m:	4:55.74	43.93			
	100m:	1:18.39	41.72	200m:	2:44.78	43.04	300m:	4:11.81	43.61	400m:	5:39.14	43.40			
156.				09			5:39.71	3	243						
	50m:	11.81	11.81	150m:	1:17.51	41.57	250m:	2:45.70	44.28	350m:	4:13.83	43.91			
	100m:	35.94	24.13	200m:	2:01.42	43.91	300m:	3:29.92	44.22	400m:	5:39.71	1:25.88			
157.				09	"	"	5:39.96	3	243						
	50m:	36.92	36.92	150m:	2:02.00	42.23	250m:	3:29.35	44.13	350m:	4:57.36	44.53			
	100m:	1:19.77	42.85	200m:	2:45.22	43.22	300m:	4:12.83	43.48	400m:	5:39.96	42.60			
158.				09			5:40.04	3	243						
	50m:	38.51	38.51	150m:	2:04.82	43.99	250m:	3:30.08	42.07	350m:	4:57.75	44.21			
	100m:	1:20.83	42.32	200m:	2:48.01	43.19	300m:	4:13.54	43.46	400m:	5:40.04	42.29			
159.				09	"	"	5:40.26	3	242						
	50m:	32.42	32.42	150m:	1:51.89	41.15	250m:	3:20.53	45.02	350m:	4:52.95	47.40			
	100m:	1:10.74	38.32	200m:	2:35.51	43.62	300m:	4:05.55	45.02	400m:	5:40.26	47.31			
160.				09			5:41.98	3	239						
	50m:	38.50	38.50	150m:	2:04.85	42.83	250m:	3:31.14	43.10	350m:	4:57.85	43.64			
	100m:	1:22.02	43.52	200m:	2:48.04	43.19	300m:	4:14.21	43.07	400m:	5:41.98	44.13			
161.				08	"	"	5:42.82	3	237						
	50m:	35.49	35.49	150m:	2:00.58	44.22	250m:	3:29.77	44.82	350m:	5:01.67	46.34			
	100m:	1:16.36	40.87	200m:	2:44.95	44.37	300m:	4:15.33	45.56	400m:	5:42.82	41.15			

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4,		, 400m											
162.				09	"	"	5:43.00	3		236			236
	50m:	37.85	37.85	150m:	2:05.41	43.45	250m:	3:32.76	43.36	350m:	5:00.54	43.78	
	100m:	1:21.96	44.11	200m:	2:49.40	43.99	300m:	4:16.76	44.00	400m:	5:43.00	42.46	
163.				10	"	"	5:43.13	3		236			236
	50m:	38.05	38.05	150m:	2:04.20	43.69	250m:	3:29.35	42.17	350m:	4:58.64	41.06	
	100m:	1:20.51	42.46	200m:	2:47.18	42.98	300m:	4:17.58	48.23	400m:	5:43.13	44.49	
164.				09	"	"	5:43.89	3		235			235
	50m:	15.31	15.31	150m:	1:20.46	42.43	250m:	2:48.78	44.65	350m:	4:17.12	44.16	
	100m:	38.03	22.72	200m:	2:04.13	43.67	300m:	3:32.96	44.18	400m:	5:43.89	1:26.77	
165.				09	"	"	5:45.26	3		232			232
	50m:	37.98	37.98	150m:	2:02.64	42.43	250m:	3:33.11	45.39	350m:	5:02.81	45.03	
	100m:	1:20.21	42.23	200m:	2:47.72	45.08	300m:	4:17.78	44.67	400m:	5:45.26	42.45	
166.				09	"	"	5:45.60	3		231			231
	50m:	37.68	37.68	150m:	2:04.27	43.80	250m:	3:32.10	43.63	350m:	5:02.15	44.37	
	100m:	1:20.47	42.79	200m:	2:48.47	44.20	300m:	4:17.78	45.68	400m:	5:45.60	43.45	
167.				09	"	"	5:45.65	3		231			231
	50m:	36.63	36.63	150m:	2:04.43	44.53	250m:	3:33.85	44.79	350m:	5:02.72	44.69	
	100m:	1:19.90	43.27	200m:	2:49.06	44.63	300m:	4:18.03	44.18	400m:	5:45.65	42.93	
168.				09	"	"	5:45.79	3		231			231
	50m:	35.69	35.69	150m:	2:01.54	43.16	250m:	3:31.49	44.98	350m:	5:03.05	45.63	
	100m:	1:18.38	42.69	200m:	2:46.51	44.97	300m:	4:17.42	45.93	400m:	5:45.79	42.74	
169.				11	"	"	5:45.95	3		230			230
	50m:			150m:			250m:			350m:			
	100m:			200m:			300m:			400m:	5:45.95		
170.				09	"	"	5:46.02	3		230			230
	50m:			150m:			250m:			350m:			
	100m:			200m:			300m:			400m:	5:46.02		
171.				11	"	"	5:46.58	3		229			229
	50m:	36.47	36.47	150m:	2:02.71	43.49	250m:	3:32.39	45.56	350m:	5:02.48	45.20	
	100m:	1:19.22	42.75	200m:	2:46.83	44.12	300m:	4:17.28	44.89	400m:	5:46.58	44.10	
172.				09	"	"	5:48.77	3		225			225
	50m:	38.26	38.26	150m:	2:07.85	45.39	250m:	3:36.35	44.13	350m:	5:06.49	44.86	
	100m:	1:22.46	44.20	200m:	2:52.22	44.37	300m:	4:21.63	45.28	400m:	5:48.77	42.28	
173.				09	"	"	5:48.79	3		225			225
	50m:	39.41	39.41	150m:	2:09.40	45.88	250m:	3:40.85	45.41	350m:	5:10.18	43.34	
	100m:	1:23.52	44.11	200m:	2:55.44	46.04	300m:	4:26.84	45.99	400m:	5:48.79	38.61	
174.				09	"	"	5:49.05	3		224			224
	50m:	35.58	35.58	150m:	2:03.58	45.22	250m:	3:34.38	45.94	350m:	5:06.07	45.39	
	100m:	1:18.36	42.78	200m:	2:48.44	44.86	300m:	4:20.68	46.30	400m:	5:49.05	42.98	
175.				10	"	"	5:49.81	3		223			223
	50m:	39.32	39.32	150m:	2:07.74	44.67	250m:	3:37.86	45.35	350m:	5:07.00	44.22	
	100m:	1:23.07	43.75	200m:	2:52.51	44.77	300m:	4:22.78	44.92	400m:	5:49.81	42.81	
176.				10	"	"	5:50.26	3		222			222
	50m:	39.11	39.11	150m:	2:07.35	44.46	250m:	3:36.47	44.37	350m:	5:04.60	44.18	
	100m:	1:22.89	43.78	200m:	2:52.10	44.75	300m:	4:20.42	43.95	400m:	5:50.26	45.66	
177.				10	"	"	5:50.81	3		221			221
	50m:	37.25	37.25	150m:	2:07.20	46.44	250m:	3:40.95	46.91	350m:	5:09.09	43.66	
	100m:	1:20.76	43.51	200m:	2:54.04	46.84	300m:	4:25.43	44.48	400m:	5:50.81	41.72	
178.				09	"	"	5:51.06	3		221			221
	50m:	39.63	39.63	150m:	2:07.03	44.22	250m:	3:36.60	45.37	350m:	5:06.29	45.40	
	100m:	1:22.81	43.18	200m:	2:51.23	44.20	300m:	4:20.89	44.29	400m:	5:51.06	44.77	
179.				10	"	"	5:51.12	3		220			220
	50m:	36.67	36.67	150m:	2:04.62	44.83	250m:	3:36.41	46.03	350m:	5:09.09	46.32	
	100m:	1:19.79	43.12	200m:	2:50.38	45.76	300m:	4:22.77	46.36	400m:	5:51.12	42.03	

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4,		, 400m										
180.				09				5:51.86	3	219	219	
	50m:	36.20	36.20	150m:	2:00.94	43.90	250m:	3:33.12	45.67	350m:	5:07.65	47.44
	100m:	1:17.04	40.84	200m:	2:47.45	46.51	300m:	4:20.21	47.09	400m:	5:51.86	44.21
181.				10		"	"	5:51.96	3	219	219	
	50m:	35.57	35.57	150m:	2:01.69	44.55	250m:	3:31.71	45.80	350m:	5:05.26	47.54
	100m:	1:17.14	41.57	200m:	2:45.91	44.22	300m:	4:17.72	46.01	400m:	5:51.96	46.70
182.				09				5:53.15	3	217	217	
	50m:	37.32	37.32	150m:	2:05.16	45.46	250m:	3:37.00	46.46	350m:	5:09.01	46.22
	100m:	1:19.70	42.38	200m:	2:50.54	45.38	300m:	4:22.79	45.79	400m:	5:53.15	44.14
183.				10				5:54.41	3	214	214	
	50m:	36.81	36.81	150m:	2:02.11	44.22	250m:	3:35.25	47.04	350m:	5:10.11	47.17
	100m:	1:17.89	41.08	200m:	2:48.21	46.10	300m:	4:22.94	47.69	400m:	5:54.41	44.30
184.				10		"	"	5:56.00	3	211	211	
	50m:	38.42	38.42	150m:	2:09.95	46.99	250m:	3:44.84	47.25	350m:	5:14.62	43.39
	100m:	1:22.96	44.54	200m:	2:57.59	47.64	300m:	4:31.23	46.39	400m:	5:56.00	41.38
185.				10		"	"	5:56.08	3	211	211	
	50m:	39.84	39.84	150m:	2:10.71	46.55	250m:	3:43.05	45.88	350m:	5:13.38	44.69
	100m:	1:24.16	44.32	200m:	2:57.17	46.46	300m:	4:28.69	45.64	400m:	5:56.08	42.70
186.				09		"	"	5:57.10	3	209	209	
	50m:	37.55	37.55	150m:	2:06.83	45.81	250m:	3:40.60	46.22	350m:	5:13.25	46.31
	100m:	1:21.02	43.47	200m:	2:54.38	47.55	300m:	4:26.94	46.34	400m:	5:57.10	43.85
187.				10		"	"	5:59.61	3	205	205	
	50m:	38.33	38.33	150m:	2:09.35	46.53	250m:	3:43.63	47.21	350m:	5:18.42	47.20
	100m:	1:22.82	44.49	200m:	2:56.42	47.07	300m:	4:31.22	47.59	400m:	5:59.61	41.19
188.				10		"	"	6:01.25	3	202	202	
	50m:	10.60	10.60	150m:	2:10.90	46.87	250m:	3:45.23	47.04	350m:	5:20.77	48.20
	100m:	1:24.03	1:13.43	200m:	2:58.19	47.29	300m:	4:32.57	47.34	400m:	6:01.25	40.48
189.				09		"	"	6:03.03		199	199	
	50m:	36.75	36.75	150m:	2:08.32	46.38	250m:	3:42.64	47.32	350m:	5:17.42	47.38
	100m:	1:21.94	45.19	200m:	2:55.32	47.00	300m:	4:30.04	47.40	400m:	6:03.03	45.61
190.				09		"	"	6:03.34		199	199	
	50m:	37.30	37.30	150m:	2:09.08	46.39	250m:	3:43.71	48.49	350m:	5:19.25	47.43
	100m:	1:22.69	45.39	200m:	2:55.22	46.14	300m:	4:31.82	48.11	400m:	6:03.34	44.09
191.				09		"	"	6:03.38		199	199	
	50m:	37.40	37.40	150m:	2:09.44	46.34	250m:	3:44.21	49.21	350m:	5:19.95	48.09
	100m:	1:23.10	45.70	200m:	2:55.00	45.56	300m:	4:31.86	47.65	400m:	6:03.38	43.43
192.				10		"	"	6:15.50		180	180	
	50m:	38.41	38.41	150m:	2:11.31	46.95	250m:	3:48.74	49.19	350m:	5:28.20	49.24
	100m:	1:24.36	45.95	200m:	2:59.55	48.24	300m:	4:38.96	50.22	400m:	6:15.50	47.30
193.				10		"	"	6:16.08		179	179	
	50m:			150m:			250m:			350m:		
	100m:			200m:			300m:			400m:	6:16.08	
DSQ				09				5:48.93	3			
	50m:	36.36	36.36	150m:	2:01.64	42.88	250m:	3:32.31	47.57	350m:	5:04.62	44.78
	100m:	1:18.76	42.40	200m:	2:44.74	43.10	300m:	4:19.84	47.53	400m:	5:48.93	44.31
DSQ				09		"	"	5:59.23	3			
	50m:	36.73	36.73	150m:	2:07.08	46.97	250m:	3:39.74	45.57	350m:	5:13.70	46.10
	100m:	1:20.11	43.38	200m:	2:54.17	47.09	300m:	4:27.60	47.86	400m:	5:59.23	45.53
EXH				07				4:35.22	1	458	458	
	50m:	14.66	14.66	150m:	1:41.74	35.17	250m:	2:52.65	35.67	350m:	4:02.07	34.47
	100m:	1:06.57	51.91	200m:	2:16.98	35.24	300m:	3:27.60	34.95	400m:	4:35.22	33.15