

18  
17.02.2022 - 15:22

, 400m

: 4:05.00 / : 4:22.50 / 1 : 4:42.50 / 2 : 5:18.00 / 3 : 6:09.00

: FINA 2021

								100m	200m	300m	400m	
1.			06			<b>4:25.14</b>	571	1	1:00.00	1:07.10	1:09.00	1:09.04
	50m:	28.53	28.53	150m:	1:33.57	33.57			34.49	350m:	3:51.22	35.12
	100m:	1:00.00	31.47	200m:	2:07.10	33.53			34.51	400m:	4:25.14	33.92
2.			07			<b>4:30.17</b>	540	1	1:05.47	1:10.09	1:07.55	1:07.06
	50m:	30.92	30.92	150m:	1:40.42	34.95			33.29	350m:	3:57.50	34.39
	100m:	1:05.47	34.55	200m:	2:15.56	35.14			34.26	400m:	4:30.17	32.67
3.			06			<b>4:30.25</b>	539	1				1:08.15
	50m:	28.63	28.63	150m:						350m:		
	100m:			200m:					300m:	3:22.10	400m:	4:30.25
4.			07			<b>4:31.13</b>	534	1	1:04.62	1:10.09	1:10.76	1:05.66
	50m:	29.80	29.80	150m:	1:39.67	35.05			35.42	350m:	3:59.49	34.02
	100m:	1:04.62	34.82	200m:	2:14.71	35.04			35.34	400m:	4:31.13	31.64
5.			06			<b>4:32.21</b>	528	1				1:08.90
	50m:	29.34	29.34	150m:	1:36.20					350m:		
	100m:			200m:					300m:	3:23.31	400m:	4:32.21
6.			06			<b>4:34.90</b>	513	1	1:04.12	1:10.19	1:10.81	1:09.78
	50m:	30.23	30.23	150m:	1:39.11	34.99			35.14	350m:	4:00.74	35.62
	100m:	1:04.12	33.89	200m:	2:14.31	35.20			35.67	400m:	4:34.90	34.16
7.			07			<b>4:41.20</b>	479	1	1:05.27	1:11.91	1:12.80	1:11.22
	50m:	30.61	30.61	150m:	1:40.85	35.58			36.03	350m:	4:06.25	36.27
	100m:	1:05.27	34.66	200m:	2:17.18	36.33			36.77	400m:	4:41.20	34.95
8.			06			<b>4:44.01</b>	465	2	1:06.16	1:12.62	1:13.69	1:11.54
	50m:	31.45	31.45	150m:	1:42.07	35.91			36.68	350m:	4:09.52	37.05
	100m:	1:06.16	34.71	200m:	2:18.78	36.71			37.01	400m:	4:44.01	34.49
9.			06			<b>4:44.68</b>	461	2	1:05.87	1:14.35	1:13.99	1:10.47
	50m:	30.95	30.95	150m:	1:43.01	37.14			37.32	350m:	4:10.42	36.21
	100m:	1:05.87	34.92	200m:	2:20.22	37.21			36.67	400m:	4:44.68	34.26
10.			07			<b>4:45.12</b>	459	2	1:03.55	1:14.55	1:14.91	1:12.11
	50m:	29.12	29.12	150m:	1:40.67	37.12			37.24	350m:	4:09.86	36.85
	100m:	1:03.55	34.43	200m:	2:18.10	37.43			37.67	400m:	4:45.12	35.26
11.			07			<b>4:52.94</b>	423	2	2:26.66			1:12.10
	50m:	34.32	34.32	150m:	1:49.61					350m:	4:18.26	37.42
	100m:	2:26.66	1:52.34	200m:					37.10	400m:	4:52.94	34.68
12.			07			<b>4:56.32</b>	409	2	1:07.45	1:15.80	1:18.24	1:14.83
	50m:	31.49	31.49	150m:	1:45.30	37.85			39.43	350m:	4:20.19	38.70
	100m:	1:07.45	35.96	200m:	2:23.25	37.95			38.81	400m:	4:56.32	36.13
13.			08			<b>4:56.62</b>	408	2	1:09.32	1:15.75	1:16.76	1:14.79
	50m:	32.66	32.66	150m:	1:47.14	37.82			37.46	350m:	4:19.40	37.57
	100m:	1:09.32	36.66	200m:	2:25.07	37.93			39.30	400m:	4:56.62	37.22
14.			07			<b>4:57.36</b>	405	2	1:08.03	1:15.79	1:17.62	1:15.92
	50m:	32.05	32.05	150m:	1:45.59	37.56			38.62	350m:	4:20.26	38.82
	100m:	1:08.03	35.98	200m:	2:23.82	38.23			39.00	400m:	4:57.36	37.10
15.			07			<b>4:59.31</b>	397	2	1:12.52	1:16.39	1:15.85	1:14.55
	50m:	33.96	33.96	150m:	1:50.88	38.36			37.64	350m:	4:22.28	37.52
	100m:	1:12.52	38.56	200m:	2:28.91	38.03			38.21	400m:	4:59.31	37.03
16.			07			<b>5:04.09</b>	379	2				
	50m:	33.65	33.65	150m:	1:49.04					350m:		
	100m:			200m:					300m:	3:07.27	400m:	5:04.09
17.			08			<b>5:05.87</b>	372	2			1:19.78	1:14.85
	50m:			150m:						350m:		
	100m:			200m:	2:31.24				300m:	3:51.02	400m:	5:05.87
18.			07			<b>5:06.29</b>	370	2	1:14.32	1:19.88	1:19.07	1:13.02
	50m:	35.38	35.38	150m:	1:54.40	40.08			40.20	350m:	4:32.22	38.95
	100m:	1:14.32	38.94	200m:	2:34.20	39.80			38.87	400m:	5:06.29	34.07
19.			07			<b>5:07.45</b>	366	2	2:36.19			1:11.23
	50m:	35.03	35.03	150m:						350m:	4:35.17	38.95
	100m:	2:36.19	2:01.16	200m:					300m:	3:56.22	400m:	5:07.45

		18,										
		, 400m										
						100m	200m	300m	400m			
20.			06			<b>5:15.89</b>	338	2	2:36.63		1:18.06	
	50m:	35.65	35.65	150m:	1:56.81	250m:	3:16.73		350m:	4:38.85	41.02	
	100m:	2:36.63	2:00.98	200m:		300m:	3:57.83	41.10	400m:	5:15.89	37.04	
21.			06			<b>5:17.47</b>	333	2	1:11.08	1:20.47	1:23.45	1:22.47
	50m:	33.15	33.15	150m:		250m:	3:13.05	41.50	350m:	4:36.64	41.64	
	100m:	1:11.08	37.93	200m:	2:31.55	300m:	3:55.00	41.95	400m:	5:17.47	40.83	
22.			07			<b>5:20.03</b>	325	3	1:13.13			
	50m:	34.00	34.00	150m:	1:53.39	250m:	3:16.54		350m:	4:40.27		
	100m:	1:13.13	39.13	200m:		300m:			400m:	5:20.03	39.76	
23.			08			<b>5:27.09</b>	304	3	1:17.63	1:23.61	1:25.18	1:20.67
	50m:	36.29	36.29	150m:	1:58.97	250m:	3:23.55	42.31	350m:	4:48.71	42.29	
	100m:	1:17.63	41.34	200m:	2:41.24	300m:	4:06.42	42.87	400m:	5:27.09	38.38	
24.			07			<b>5:37.28</b>	277	3	1:14.62	1:26.35		
	50m:	34.36	34.36	150m:	3:25.38	250m:			350m:	4:54.74		
	100m:	1:14.62	40.26	200m:	2:40.97	300m:			400m:	5:37.28	42.54	