

17
17.02.2022 - 15:01

, 400m

: 4:29.00 / : 4:44.50 / 1 : 5:07.00 / 2 : 5:48.00 / 3 : 6:33.50

: FINA 2021

								100m	200m	300m	400m		
1.		07				4:44.87	571 1	1:08.40	1:12.01	1:13.41	1:11.05		
	50m:	33.06	33.06	150m:	1:44.16	35.76		250m:	2:57.01	36.60	350m:	4:10.32	36.50
	100m:	1:08.40	35.34	200m:	2:20.41	36.25		300m:	3:33.82	36.81	400m:	4:44.87	34.55
2.		07				4:54.86	515 1						
	50m:			150m:				250m:		350m:			
	100m:			200m:				300m:		400m:	4:54.86		
3.		07				4:58.30	498 1	1:09.68	1:15.10	1:16.88	1:16.64		
	50m:	33.31	33.31	150m:	1:46.88	37.20		250m:	3:02.91	38.13	350m:	4:20.45	38.79
	100m:	1:09.68	36.37	200m:	2:24.78	37.90		300m:	3:41.66	38.75	400m:	4:58.30	37.85
4.		07				5:00.30	488 1	1:10.17	1:16.70	1:17.38	1:16.05		
	50m:	33.24	33.24	150m:	1:48.45	38.28		250m:	3:05.72	38.85	350m:	4:23.10	38.85
	100m:	1:10.17	36.93	200m:	2:26.87	38.42		300m:	3:44.25	38.53	400m:	5:00.30	37.20
5.		07				5:00.40	487 1	1:10.17	1:16.71	1:18.36	1:15.16		
	50m:	33.10	33.10	150m:	1:48.25	38.08		250m:	3:05.98	39.10	350m:	4:24.28	39.04
	100m:	1:10.17	37.07	200m:	2:26.88	38.63		300m:	3:45.24	39.26	400m:	5:00.40	36.12
6.		08				5:01.26	483 1	1:12.15	1:17.31	1:18.27	1:13.53		
	50m:	34.34	34.34	150m:	1:50.44	38.29		250m:	3:08.47	39.01	350m:	4:26.04	38.31
	100m:	1:12.15	37.81	200m:	2:29.46	39.02		300m:	3:47.73	39.26	400m:	5:01.26	35.22
7.		08				5:07.97	452 2	1:13.01	1:18.00	1:19.68	1:17.28		
	50m:	34.50	34.50	150m:	1:52.30	39.29		250m:	3:10.54	39.53	350m:	4:30.30	39.61
	100m:	1:13.01	38.51	200m:	2:31.01	38.71		300m:	3:50.69	40.15	400m:	5:07.97	37.67
8.		08				5:11.17	438 2	1:11.62					
	50m:			150m:				250m:	3:11.43		350m:		
	100m:	1:11.62		200m:				300m:			400m:	5:11.17	
9.		07				5:11.96	435 2	1:12.69	1:19.16	1:20.85	1:19.26		
	50m:	34.31	34.31	150m:	1:52.31	39.62		250m:	3:12.24	40.39	350m:	4:32.92	40.22
	100m:	1:12.69	38.38	200m:	2:31.85	39.54		300m:	3:52.70	40.46	400m:	5:11.96	39.04
10.		08				5:14.16	426 2	1:13.74	1:21.25	1:21.41	1:17.76		
	50m:	34.74	34.74	150m:	1:54.61	40.87		250m:	3:15.90	40.91	350m:	4:35.95	39.55
	100m:	1:13.74	39.00	200m:	2:34.99	40.38		300m:	3:56.40	40.50	400m:	5:14.16	38.21
11.		08				5:20.66	400 2	1:16.40			1:20.84		
	50m:	35.81	35.81	150m:				250m:	3:19.01		350m:		
	100m:	1:16.40	40.59	200m:				300m:	3:59.82	40.81	400m:	5:20.66	
12.		07				5:21.48	397 2	1:14.75	1:21.82	1:23.10	1:21.81		
	50m:	35.17	35.17	150m:	1:55.83	41.08		250m:	3:17.64	41.07	350m:	4:41.45	41.78
	100m:	1:14.75	39.58	200m:	2:36.57	40.74		300m:	3:59.67	42.03	400m:	5:21.48	40.03
13.		07				5:22.60	393 2						
	50m:	35.13	35.13	150m:	1:54.64			250m:	3:17.42		350m:		
	100m:			200m:				300m:			400m:	5:22.60	
14.		08				5:23.93	388 2	1:15.97	1:23.01	1:24.03	1:20.92		
	50m:	35.62	35.62	150m:	1:57.23	41.26		250m:	3:20.93	41.95	350m:	4:44.80	41.79
	100m:	1:15.97	40.35	200m:	2:38.98	41.75		300m:	4:03.01	42.08	400m:	5:23.93	39.13
15.		09				5:28.63	372 2	1:16.77					
	50m:			150m:				250m:			350m:		
	100m:	1:16.77		200m:				300m:			400m:	5:28.63	
16.		08				5:28.81	371 2	1:16.86	1:25.43	1:25.98	1:20.54		
	50m:	35.80	35.80	150m:	1:59.85	42.99		250m:	3:26.29	44.00	350m:	4:50.10	41.83
	100m:	1:16.86	41.06	200m:	2:42.29	42.44		300m:	4:08.27	41.98	400m:	5:28.81	38.71
17.		08				5:29.28	370 2						
	50m:	35.51	35.51	150m:				250m:	3:21.07		350m:	4:48.31	
	100m:			200m:				300m:			400m:	5:29.28	40.97
18.		09				5:33.45	356 2	1:19.55					
	50m:	37.32	37.32	150m:	2:02.69	43.14		250m:	3:28.92		350m:	4:54.22	
	100m:	1:19.55	42.23	200m:				300m:			400m:	5:33.45	39.23
19.		08				5:34.00	354 2	1:15.60	1:24.46				
	50m:	35.69	35.69	150m:				250m:			350m:	4:51.49	
	100m:	1:15.60	39.91	200m:	2:40.06			300m:			400m:	5:34.00	42.51

		17,	, 400m					100m	200m	300m	400m	
20.			10			5:34.42	353	2			1:20.90	
	50m:	37.52	37.52	150m:	2:04.12	250m:	3:30.95		350m:			
	100m:			200m:		300m:	4:13.52	42.57	400m:	5:34.42		
21.			08			5:35.73	349	2	1:16.98			
	50m:			150m:		250m:			350m:			
	100m:	1:16.98		200m:		300m:			400m:	5:35.73		
22.			08			5:39.34	338	2	1:17.95	1:25.49	1:29.01	1:26.89
	50m:	36.66	36.66	150m:	2:00.59	250m:	3:27.81	44.37	350m:	4:57.49	45.04	
	100m:	1:17.95	41.29	200m:	2:43.44	300m:	4:12.45	44.64	400m:	5:39.34	41.85	
23.			08			5:39.58	337	2	1:19.47	1:25.67	1:27.41	1:27.03
	50m:	37.81	37.81	150m:	2:02.23	250m:	3:28.65	43.51	350m:	4:56.88	44.33	
	100m:	1:19.47	41.66	200m:	2:45.14	300m:	4:12.55	43.90	400m:	5:39.58	42.70	
24.			08			5:53.87	298	3	1:21.12	1:31.00	1:32.43	1:29.32
	50m:	38.86	38.86	150m:	2:06.32	250m:	3:38.24	46.12	350m:	5:10.13	45.58	
	100m:	1:21.12	42.26	200m:	2:52.12	300m:	4:24.55	46.31	400m:	5:53.87	43.74	
25.			09			5:58.53	286	3	1:22.68	1:32.39	1:33.21	1:30.25
	50m:	38.23	38.23	150m:	2:08.81	250m:	3:41.87	46.80	350m:			
	100m:	1:22.68	44.45	200m:	2:55.07	300m:	4:28.28	46.41	400m:	5:58.53		